



TASCA

CAFE, RESTAURANT & TAPAS BAR

TASCA *Beach*

weekend all day VEGAN FRIENDLY

Vegan Mushrooms al Pil Pil garlic & chilli mushrooms and fresh herbs, on homemade turkish toast 18

Vegan Stuffed Flatbread with potato, spinach and onion 16

Vegan Dips Duo red pepper walnut dip, saffron hummus, with hot homemade turkish bread 15

Mediterranean Vegan Lunch Plate red pepper walnut dip, saffron hummus, grilled mediterranean vegetables, roasted pepper, olives, nuts and hot homemade turkish bread 19

Frida's Vegan Coliflor Burger roast cauli in a homemade bun, with tomato, onion, gherkins, pomegranate relish and salad; served with smoked paprika fries 22

Vegan Tasca Beach Salad iceberg lettuce, roasted pumpkin, toasted pumpkin seeds, cherry tomatoes, black beans, grated beetroot, vinaigrette 21

Vegan Pera Salad salad greens, roast pear, grilled courgette, grated beetroot, toasted almonds 22

Vegan Arroz Rojo Spanish red rice pilaf, grilled mediterranean vegetables, tahini sauce, toasted almonds 29

Vegan Coca del Pueblo potato, mushrooms, onion, jalapenos, xv olive oil, horseradish, fresh greens 19

| | | | | |
|---------------------|-----------------|-------------|----------------|---------|
| brunch sides | vine tomatoes 5 | mushrooms 6 | garlic bread 6 | fries 6 |
|---------------------|-----------------|-------------|----------------|---------|



TASCA

CAFE, RESTAURANT & TAPAS BAR

TASCA Beach

vegan dinner menu

tapas

Olives mixed green and black 7

Vegan Pan con Tomate Spanish grilled tomato & garlic bread 8

Vegan Dips Duo red pepper walnut dip, saffron hummus, with grilled turkish bread 15

Vegan Patatas Bravas chunky fried paprika potatoes, tomato brava sauce 12

Vegan Coliflor Tapa roast cauliflower, micro salad, red peppers, tahini sauce, toasted almonds 15

Dolma stuffed pepper: rice, onion, herbs, currants, pinenuts 17

Escalivada chargrilled Mediterranean vegetables on saffron hummus 16

main

Vegan Pera Salad salad greens, roast pear, grilled courgette, grated beetroot, toasted almonds 22

Vegan Coca del Pueblo potato, mushrooms, onion, jalapenos, xv olive oil, horseradish, leaves 23

Frida's Colour Fiesta fried cauliflower, on pumpkin smash, with wilted spinach, saffron hummus,
walnut muhammura, red peppers and pepitas 29

Vegan Arroz Rojo spanish red rice pilaf, grilled mediterranean vegetables, tahini sauce,
toasted almonds 29

| | | | |
|--------------|--|---------------------|---------------------------------------|
| SIDES | shoestring fries, ketchup & aioli 6 | side salad 8 | rocket & parmesan salad 12 |
|--------------|--|---------------------|---------------------------------------|